



BUDDHA ZHEN letter

Moving is choreography. The choreography is martial arts. The dancers are my students. When they don't need me to dance, they have graduated elementary school. Thinking is a way of living. Living is a path of interest. When my students are interested in healthy living they are thinking properly and have graduated middle school. Spirituality is creativity. Creativity is imagination and curiosity.

I love teaching Shaolin Kung Fu and my own Shaolin Chi Mantis version of the Yang Short Form to enrich people's lives with enhanced abilities and motivations. As they become spiritual they are capable of being leaders and parents. I want / expect / desire... Hee-hee. I work to develop my students into Buddhas. That is who I am as a Shifu.