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# Tai Chi Youth *Programs for Youth at Risk*

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## TAI CHI PROGRAMS of Tai Chi Youth nonprofit education organization



**Pee Wee Tai Chi**  
Ages 4 - 8



**Tai Chi Kids**  
Ages 8 - 12



**Tai Chi Teens**  
Ages 13 - 18



**Tai Chi Youth  
Youth At Risk / Ages 6 -**



**Tai Chi Seniors**  
Ages 45 - 80



**Prison Outreach**  
Correspondence Programs



**Rehab Center Programs**  
Satellite Programs



**School Programs**  
Public Schools, Colleges, Ch

### Support our Youth

Select a Donation Fund | **TCY Demo Team Fund**

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## 2010: shaolinINTERACTIVE.com

www.shaolinINTERACTIVE.com will be for ONLINE TAI CHI and ONLINE KUNG FU classes of TCY.

These are the same programs and curriculums offered by Tai Chi Youth since 1992.

Join us while filming these videos. Be part of the crew, or donate something...food, Chinese clothing, money...

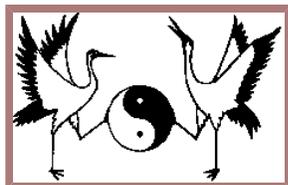
Select the "shaolinINTERACTIVE Tai Chi" option when you make a donation to TCY -- to apply your donation to these Online Programs.

Curriculums created by Buddha Zhen, Spirit Wolf of Truth

If you want to be involved or participate in the videos, contact Richard Connor: [richard@taichiyouth.org](mailto:richard@taichiyouth.org)

January 2010

Monday	Tuesday	wednesday	thursday	friday	saturday
<b>Recurring Events:</b>					
	3:30-4:30PM YMCA TAI CHI KIDS  4:30-5:30PM YMCA SHAOLIN KUNG FU  7-8:15PM YMCA INTERMEDIATE TAI CHI	4-5PM 2 STRIKE PARK Kung Fu Kids  5-6PM 2 STRIKE PARK Tai Chi Beginner  7-8PM CV PARK 12 Step 12 Week Kung Fu Bootcamp		9:30 - 10:30AM YMCA TAI CHI BEGINNERS and SENIORS	12:30 - 2PM CV PARK Buddha Tai Chi  2-2:30PM CV PARK Shaolin Staff  2:30-3PM CV PARK Kung Fu Beginner
<b>Special Events:</b>					
					Sep. = Push Hands SEMINAR MONTH  Weekend #1: Push Hands Basics 1 12 Qi Sao "Sticky Hands"  Weekend #2: Push Hands Strategy 8 BKF Push Drills Push Hands Match  Weekend #3: Demo Tournament FREE practice tournament for judges and competitors  Weekend #4: Push Hands Championship Tournament
<b>Upcoming Events:</b>					
					 See the TAI CHI BUDDHA website. I will try to update that calendar of events also.  <b>Buddha Kung Fu Push Hands Championship Tournament</b> CV PARK September 25, 2010



Tai Chi Youth is a nonprofit organization.  
 Donations are tax deductible.  
 For more information visit: [www.taichiYOUTH.org](http://www.taichiYOUTH.org)

Programs and curriculums of Tai Chi Youth are derived from the Shaolin Chi Mantis school, also founded by **Buddha Zhen Shen-Lang**.





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