



Buddha Zhen after Jordan Peace Gardens performance.

Buddha Zhen's ZEN FOR ACTORS: ACTzen.com

Kung Fu school for making Buddhas:

BuddhaKungFu.com

Tai Chi classes of Buddha Kung Fu:

BuddhaTaiChi.com

New inspirations from Buddha

Zhen:

BuddhaZen.com

LINKS to Buddha Zhen websites:

BuddhaZHEN.com

Buddha Zhen WAS Buddha Zhen:

MasterZhen.com

Founded by Buddha Zhen in 1002:

shaolinchiMANTIS.com

Shopping cart for all our websites:

shaolinCOM.com

Books, web hosting, domain names:

ShaolinCommunications.com

Shaolin Kung Fu for kids:

shaolinKIDS.com

Founded 1994 by Richard Connor:

shaolinRECORDS.com

Where to go for internet Buddhism:

shaolinZEN.net

CyberTemple Sangha of Shaolin

Zen:

shaolinZEN.org

Boob tube enlightenment:

shaolinZEN.tv

Where Shaolin Zen Sanghas are:

shaolinZEN.us

Tai Chi album CD by Buddha Zhen:

taichiMAGIC.com

Nonprofit for youth at risk:

TaiChiYouth.org

Buddha Zhen Zen Bootcamps:

zenbootcamp.com

Podcast hosted by Buddha Zhen:

ZenBuddhistPODCAST.com

Buddha Zhen, Shaolin Zen CyberTemple Founder

I've become a Buddha a few times.

I'm evolving a new Buddha head, or Buddhahood, whatever you want to call it. My newest enlightenment is my new phase of life: after-parenting.

I'm in a new afterlife.

After 20 years of raising kids and caring for a wife, I'm on my own.

Seeking my future as I seek to survive and seek to be who I am seeking-- is not as easy as it sounds.

My new balance, my new success, my new way to be me -- is my next Buddha Zhen.

My current Buddha Truth is launching the 12 Step 12 Week Kung Fu Bootcamp. I am very excited about the future of this program and its ability to be licensed and franchised.

My current Buddha Truth is releasing my first record, TAI CHI MAGIC 1, on Shaolin Records. I wrote all the songs and played pipa and flutes.

My most current Buddha Truth occurred during June, 2009. June is my vision quest month every year. But this year, 2009, well--things are very settled yet and--I erased it from my mind.

It wasn't until a week ago that I realized that June had been my Vision Quest Month after all. Early in the month, June 9, to be exact: 6-9-09, hee hee, I discovered that one of my Kung Fu Forms of all three of my schools, Shaolin Chi Mantis, Tai Chi Youth, and Buddha Kung Fu, was created by a Master Mason, in China, to practice or teach the secret mysteries of Masonry.



These hidden messages, symbols, and the story of the Grand Master Hiram Abif, who was killed during the completion of King Solomon's Temple, was uncovered, unfolded, and replaced with English words where there once were Chinese words to replace the English words they were taught...

Freemasonry is not such a secret, and we have less to protect than in past centuries where freedoms and information were denied. However, I do

have to abide by all the ancient promises of secrecy in order to be an honest person and keep my promise not divulge any secrets that do not involve treason or murder.

So keep in touch. Over the next year I will develop two performances of this Chinese Kung Fu Form. One version will be for the public, and will include 1/3 of the story or words accompanying this martial arts dance. The Second Version of my Masonic Kung Fu performance will be only viewable in a lodge of Master Masons, as the many of the signs and symbols are coded into the martial arts movements in ingenious ways.

Welcome to my Buddha Headquarters in Montrose, California. I look forward to our future.



Zhen Shen-Lang "Spirit Wolf of Truth" 2009



Tai Chi and Kung Fu Music by Buddha Zhen



Book for building Buddhas

