



**Buddha Zhen**  
Buddhist Scientist,  
American Philosopher,  
Poet, Novelist, Essayist,  
Composer, Musician,  
Kung Fu Shifu,  
Tai Chi Master,  
Freemason

For more Buddhist self-help:  
Visit Buddha Zhen's new website:

**ACTzen.com**

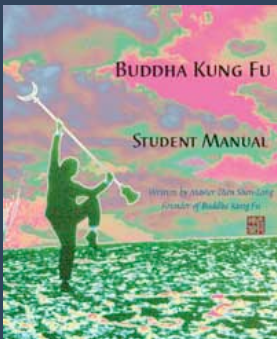


**Tai Chi Magic 1**

by Buddha Zhen

8.88

Download



**Buddha Builder Book**

Download now for \$18.88

## The Original Zen Buddhism

During my Hanblechia, "Vision Quest," on the Pineridge Reservation, in June 1994, I was told to, "Go to the core of the Muslim religion." This led me to study the **Qur'an** and began my journey to the heart of several religions.

My newest Kung Fu school, **BUDDHA KUNG FU**, is my best blend of the **Original Dharma**, the new **Zen Dharma**, and **Shaolin Kung Fu**.

My students are also more fired up than ever. 2008 is the birth of Buddha Kung Fu. I will strive to make **Bodhidharma** proud.



shaolinZEN.org is the **CyberTemple** founded by **Buddha Zhen Shen-Lang**, who also founded the **Tai Chi Youth Nonprofit Organization**, and **Shaolin Chi Mantis Traditional Buddhist Gongfu**.

Buddha Zhen strives to improve each student by developing their **body** with **Yang Style Taijiquan**, balance their **minds** with Zen Buddhism, while developing their inner energies and **spiritual powers** with Qigong, Yoga, and **advanced energy flow** meditation exercises.

We're glad you've visited us and hope we'll be a regular pit stop on your path to **enlightenment**.

Download 

---


*For more Buddhist self-help:  
Visit Buddha Zhen's new website:*

# ACTzen.com



**Follow me to  
American Zen**



 [About Us](#) | [Home](#) | [Privacy](#) | [Private Lessons](#) | [Support](#) | © 2006 shaolinMUSIC.com All rights reserved.

Hosted by Shaolin Communications